

Golden Shoes

Dates: MAY 1 – 31, 2016

1. *Walk as a family*

walking is a fun family activity!

2. *Get to know Belmont*

Belmont is walk able!

3. *Find a Golden Shoe*

Shoes will be hidden throughout Belmont

4. *Win a Prize!*

Local Businesses donated prizes!

Benefits:

- **Maintain a healthy weight**
- **Fight disease**
- **Minimize environmental impact**
- **Fun physical activity**
- **Part of a healthy lifestyle choice**

No Entry Required!

Rules: Only one prize per family. Follow directions on each shoe. Shoes must be returned to the Health Department before prize is awarded.

2015 Business Sponsors: A Chocolate Dream, Champion's Sporting Goods, Gregory's House of Pizza, El Centro Mexican Restaurant, Jenny Boston, Moozy's Ice Cream & Yogurt, Nick's Place II, Ohlin's Bakery, Paprika Kids, Patou Thai Restaurant, Pedago Bicycles, Sophia's Greek Pantry, Spirited Gourmet, Toy Shop of Belmont, Vintages Adventures in Wine, Westcott Mercantile

**Sponsored by the Belmont Dept. of Health- Youth & Family Services Program:
(617) 993-2983**

